



# Parent Pack



# 2017

Big Lake Youth Camp  
26435 Big Lake Rd  
Sisters, OR 97759

[www.biglake.org](http://www.biglake.org)

## Table of Contents

<b>Welcome .....</b>	<b>3</b>
<b>Mission, Goal &amp; Aims.....</b>	<b>4</b>
<b>REG Camp Day.....</b>	<b>4</b>
<b>Arrival, Departure &amp; Transportation.....</b>	<b>5</b>
<b>Bus Schedule .....</b>	<b>6</b>
<b>Pick-up Times for Camps Ending on Friday, July 21, 2017 .....</b>	<b>6</b>
<b>Camps.....</b>	<b>7-8</b>
<b>Camp Questions, A-Z.....</b>	<b>9-16</b>
<i>Big Lake Camps Tax Deductible</i>	
<i>Cabin Assignments</i>	
<i>Campfire</i>	
<i>Camp Store</i>	
<i>Cell Phones</i>	
<i>Do you have to be a Christian to attend Big Lake?</i>	
<i>Dress Code</i>	
<i>Forest Fire Danger</i>	
<i>Homesickness</i>	
<i>Lost &amp; Found</i>	
<i>Mail</i>	
<i>Medical Information</i>	
<i>Packing List/What <u>NOT</u> to Pack</i>	
<i>Personal Property</i>	
<i>Photos &amp; Emails</i>	
<i>Refund Policy</i>	
<i>Search &amp; Seizure</i>	
<i>Vegetarian Meals (and sample menu)</i>	
<i>Visiting Camp</i>	
<i>Weather at Big Lake &amp; Mosquitoes</i>	
<b>Ways You Can Help .....</b>	<b>17</b>
<i>Abba's Child</i>	
<i>Campership Fund Donations</i>	
<i>Unrestricted General Donations</i>	
<i>Other Items</i>	
<b>Directions to Camp .....</b>	<b>18</b>
<b>Contact Information.....</b>	<b>19</b>



## Welcome!

Thank you for choosing Big Lake Youth Camp to be a part of your camper's summer adventure! We hope that many of your lingering questions will be answered by reading the following information. The *Parent Pack* explains the Big Lake experience and should give you a good idea of what to expect. If you have any other questions, we invite you to give us a call.

### **About Big Lake:**

Big Lake Youth Camp is a Christian camp, owned and operated by the Oregon Conference of Seventh-day Adventists. We welcome applications from all boys and girls ages 7-17 without regard to race, religion or political view. Big Lake strives to operate in a professional way and is held accountable in this goal through its membership in the Association of Adventist Camp Professionals (AACP), Christian Camp & Conference Association (CCCA), and its accreditation by the American Camping Association (ACA). Big Lake Youth Camp is located in the Willamette National Forest, and operates under a special use permit granted by the USDA Forest Service. Big Lake Youth Camp is a provider of equal opportunity recreation services.

**Note:** *The Administration reserves the right to reject an applicant and send home any camper whose influence is considered to be injurious to the best interest of the camp/campers.*

## Mission, Goal & Aims

### **Mission**

We exist to build people who will change the world.

### **Goal**

To provide a healthy environment where campers' characters are developed through unique learning experiences that are led by extraordinary staff.

### **Aims**

*Provide a Healthy Environment*

- Physical Safety
- Emotional Safety
- Spiritual Safety

*Provide Unique Learning Experiences*

- Stretch
- Appreciate
- Listen
- See

*Be Extraordinary Staff Leaders*

- Create Fun
- Pursue God
- Be Professional
- Be Welcoming
- Be a Mentor

## REG Camp Day

A typical day for a REGular or REG camper follows the schedule listed below. Campers attend activities as a cabin team with their camp counselor.

8:00 AM	Reveille
8:30 AM	Flag Raising & Camp Council
9:15 AM	Breakfast
10:00 AM	Camper Duties
10:15 AM	Camper-selected Activity
1:00 PM	Mail Call
1:15 PM	Lunch
2:15 PM	Quiet Time or Group Activity
3:10 PM	Activity Rotations with Cabin
6:10 PM	Flag Lowering
6:20 PM	Supper
7:10 PM	Fun Times
8:20 PM	Campfire
9:30 PM	Reflections & Lights Out

## Arrival, Departure & Transportation

### Check-In and Check-Out at Big Lake Youth Camp

(For campers who are not riding a Big Lake bus)

- Youth Campers:** Check-In is from 3:00 PM – 4:00 PM  
Pick-Up is from 9:00 AM – 9:30 AM
- Family Campers:** Check-In begins at 4:00 PM, Dinner is at 5:30 PM  
Check-Out is at 12:00 PM

*Please do not arrive before the indicated check-in times because our staff will be busy preparing camp for your arrival. Thank you.*

### Transportation Guidelines

- **Approved Alternate Pick-ups:** When being picked up from Big Lake, campers will only be released to persons listed on their approved alternate pick-up list within your online account. Any individual picking up a camper will be required to show ID before the camper can be released into their care. This check-out process is for your camper’s safety.
- **Bus Arrangements:** Without prior arrangements, bus transportation is not guaranteed.
- **Camper Supervision at Bus Stops:** Please remain with your child/children until they are safely checked onto the bus. Once children are on the bus, Big Lake staff will take over supervision.
- **Confirming Transportation Arrangements:** While your child is at camp, we may call you to confirm travel home plans—especially if your camper is unclear as to his or her own arrangements. Campers are always more comfortable at camp if they know prior to camp what travel arrangements have been made.
- **Confirming Transportation Changes:** Our policy is for campers to leave by the same means by which they arrived, unless other arrangements are made. You must confirm any changes to your child’s transportation—whether that be a handwritten note, a phone call, or an additional name added to your approved alternate pick-up list within your online account.
- **Delayed Busses:** It is always our goal to have the busses leave promptly so they can stay on schedule. If a bus is excessively delayed, a message will be left at (503)850-3583. We also aim to post updates regarding delays on our Facebook page: [www.facebook.com/biglakeyouthcamp](http://www.facebook.com/biglakeyouthcamp).
- **Pick-Up Times for Camps Ending Friday, July 21, 2017:** Please note that the camper pick-up times at camp and at our bus stops are different for camps ending on July 21, 2017. Check-in, arrival times and locations on July 16 are standard, but pick-up times and locations are different on July 21, 2017. Please see the table on page 6 for the pick-up times and locations for camps ending on July 21, 2017. Thank you!

## Standard Bus Schedule

BUS STOP	DIRECTION	CHECK-IN	DEPARTURE	ARRIVAL
<b>Gladstone</b> Oregon Adventist Headquarters 19800 Oatfield Road Gladstone, OR 97027-2546	To Camp	1:00 PM	2:00 PM	5:00 PM
	From Camp		9:30 AM	12:30 PM
<b>Roseburg</b> Roseburg Adventist Church 1109 NW Garden Valley Blvd. Roseburg, OR 97471	To Camp	1:00 PM	1:30 PM	5:00 PM
	From Camp		9:30 AM	12:30 PM
<b>Salem</b> East Salem Adventist Church 5575 Fruitland Rd. NE Salem, OR 97317	To Camp	2:30 PM	3:15 PM	5:00 PM
	From Camp		9:30 AM	10:45 AM
<b>Springfield</b> Springfield Adventist Church 1630 NE 12th St. Springfield, OR 97477	To Camp	3:00 PM	3:15 PM	5:00 PM
	From Camp		9:30 AM	10:45 AM

### Pick-up Times for Camps Ending Friday, July 21, 2017

#### ATTENTION: For Campers Attending Adventure Camp, CIT and WIT2!

Sunday, July 16, 2017: Bus locations, check-in and departure times are the same as listed above.  
Friday July 21, 2017: Pick-up times and locations listed below.

Friday, July 21, 2017   Pick-up times and locations		
	TIME	ADDRESS
At Camp	2:00 PM	Big Lake Youth Camp: 13100 Highway 20 Sisters, OR 97759
In Gladstone	5:45 PM	Rivergate Adventist Elementary School 1505 Rivergate School Rd. Gladstone, OR 97027
In Roseburg	5:15 PM	Roseburg Adventist Church 1109 NW Garden Valley Blvd. Roseburg, OR 97471
In Salem	4:00 PM	Livingstone Adventist Academy 5771 Fruitland Rd. NE Salem, OR 97317
In Springfield	4:00 PM	Springfield Adventist Church 1630 N 12th St. Springfield, OR 97477

# Camps

## **Abba's Child:**

This free week of camp is specifically designed for kids who have experienced the death of an immediate family member. Our support-based counseling will help kids know they are not alone in their experience. Abba's Child campers get to hang out with other kids who understand what they're going through while still enjoying a great week at Big Lake Youth Camp. Whether you would like to nominate someone to attend or donate to keep Abba's Child Camp going—we'd love to hear from you.

*Please call or email us for information on how to apply.*

## **Adventure Camp:**

Adventure camp is designed to be a child's first introduction to the Big Lake camp experience. Kids have the opportunity to try out most of the activities Big Lake has to offer but the pace is slower, the week is shorter and the age level of our campers is always kept in mind. Adventure camp is designed for 7-9 year olds and lasts for five days – Sunday through Friday.

## **CIT/SIT/WIT/RAD to Staff:**

*(counselor in training/staff in training/wrangler in training)*

These camps are designed to help build the skills needed to be a Big Lake staff member. Each of these sessions are considered working camps. CITs are assigned to assist one of our Big Lake counselors with their cabin of 7 to 9 year old campers. SITs have the opportunity to observe and try out a variety of staff positions including activity instructor, office staff, kitchen staff and maintenance staff. WITs help care for Big Lake's horses and assist Big Lake's wrangler as they instruct campers attending the horsemanship activity. RAD to Staff campers are mentored by one of our Big Lake staff and take part in a special leadership training program. By attending these sessions, campers are not guaranteed a future job at Big Lake but will learn useful skills one can use throughout life. For campers 15-17 years of age. As a safety precaution, individuals registering for Big Lake Youth Camp's CIT, SIT or WIT RAD Camps must pass a reference check before participating.

## **Family Camp:**

**Family Camp 1: August 16-20, 2017**

**Family Camp 2: August 23-27, 2017**

When parents hear about the fun their children have at camp, they often want in on the action too! Family camp provides that opportunity. There is still time for you to sign your family up! Enjoy great recreation, awesome friends, evening campfires and no cooking! Activities are scheduled with a sign-up sheet system and baby-sitting (ages 4-6) is provided mornings and afternoons to allow parents and older children the opportunity to enjoy activities together.

Check-In is at 4:00 PM, Dinner is at 5:30 PM. Check-Out is at 12:00 PM

## **RAD Camps:**

For those seeking extreme fun. Big Lake's RAD camps are specifically designed for 13 to 17 year olds. These teen oriented camps allow kids to focus on a specific activity, maximizing their time to improve skills and develop deeper bonds. Some RAD camps take place on-site with campers staying in a cabin at night, while others take place off-site where campers get the added bonus of a fully supervised tent camping experience.

## **REG Camp:**

Big Lake's traditional program. REG campers select one skill-building activity that they focus on each morning, Monday through Friday. Campers' afternoons are spent rotating through many of the other great activities, including the Big Lake Mall, blob, and rocket. Evenings are full of fun group games and end with our awesome Campfire program. The REG camp daily schedule allows campers to enjoy all that Big Lake has to offer.

## **Volunteer at Big Lake With Maranatha**

There are always lots of projects that need to be completed at camp and your talents and presence is appreciated. In 2017 we are excited to partner with Maranatha International to work on several Big Lake projects. Tasks range from landscaping to janitorial to building to cooking. If you would like to assist Maranatha at Big Lake, dates are May 28-June 11, 2017 and September 3-17, 2017. You do not need to be alumni to participate. For more info visit [www.biglake.org/maranatha-at-blyc/](http://www.biglake.org/maranatha-at-blyc/)

Register online at <http://maranatha.org/register>

## Camp Questions, A-Z

### **Big Lake Camps Tax Deductible: *What is tax deductible?***

As a 501c3 non-profit organization, all donations made to Big Lake Youth Camp are tax deductible. Payments made for specific campers are not tax deductible.

### **Cabin Assignments: *How are cabins assigned?***

For REG camps, cabins are assigned according to activity chosen. Those signing up for the **same camp and activity** may request to be cabin mates. We cannot guarantee that campers will be together as requested but we will make every effort to accommodate the request. RAD campers are placed in cabins with others signed up for the same session. Adventure campers are placed, as much as possible, with cabin mates they've requested.

### **Campfire: *What is it?***

Every evening your child will head down to the campfire bowl with their cabin mates. Campers will sit back and relax as energetic staff put on a memorable program that creatively presents a character building lesson. Each year campers report that this is their favorite part of camp. Campfire begins with the singing of Big Lake favorites, old and new; songs that campers remember for years after their week is over. The night is capped off with a character building play that displays the talents of the Big Lake staff. Campfire is a fun-filled experience for all campers and will provide great memories of their week at camp.

### **Camp Store: *What does it sell?***

Kids always enjoy shopping at the camp store. With the help of the friendly staff in the Big Lake Mall, your camper will have the opportunity to buy things that can accompany the memories they make through the week. You will find a wide variety of items including water bottles, sunscreen, stuffed animals, t-shirts, sweatshirts, baseball caps, and many things that have the Big Lake logo printed on them! Snacks are also available, along with miscellaneous items a camper may have forgotten at home. At the end of the summer used camp equipment can also be purchased (bikes, waterfront gear, etc.). Please contact our office for more information about camp equipment for sale. All profits from the Big Lake Mall are used to make Big Lake a better place. Any money left on your camper's store account will be refunded back to their online account where they will remain for future use. Contact the business office for a refund onto your credit card or by check.

### **Cell Phones: *Can campers bring them?***

Please **do not** send a cell phone to camp with your child. Camps across the country have found that cell phones interfere with a camper's ability to develop independence and usually make homesickness worse. If your child brings a cell phone to camp, their camp counselor will take it and return it to them at the end of the week. Please send a camera that is independent from their phone. Thanks for your understanding.

### **Do you have to be a Christian to attend Big Lake?**

Big Lake Youth Camp is a Christian Camp operated by the Seventh-day Adventist denomination. All children are welcome to attend! Big Lake is activity based and the majority of our campers, including non-Christians, feel very comfortable with the program. It is not our intent to pressure campers to be Christians, however the invitation to consider it will be made at some point during the week. There will be prayers before meals, at the beginning and end of the day, and a short cabin worship or story time each evening. If you have further questions, please feel free to contact us.

### **Dress Code: *Should they wear it?***

As a Christian camp, Big Lake values modesty and appropriateness. It is difficult to state exactly what is and isn't appropriate, and we ask for your help in selecting appropriate clothing for your camper. These guidelines may be helpful in your selections:

- Girls:** No bikinis. Tankinis are allowed if they cover up the entire midriff. No bare midriffs or exposed cleavage.
- Guys:** No speedo style swimsuits.
- Both:** Underwear should not be visible. No inappropriate messages on clothing. Please be mindful of "short" shorts.

When in doubt, leave it at home and no questions will be raised. Thanks for packing selectively. In the event of a "dress-code violation" the camper will simply be asked to change his or her clothing to something more suitable.

Thanks so much for your help!

### **Forest Fire Danger: *What will happen if there is a forest fire?***

Each summer brings a varied level of fire danger to the forests of Oregon. Big Lake is located on Willamette National Forest land and we must always be prepared to face a sudden fire. We have a United States Forest Service and American Camping Association approved fire evacuation plan in place outlining how we would respond in the event of a fire emergency. The following objectives guide our plan:

1. To guarantee the safety of all campers and staff.
2. To remove all livestock, vital documents and critical equipment.
3. To take steps to protect the facility.

## Forest Fire Danger: *continued*

The USFS and Big Lake Youth Camp are united in their goal to protect our campers and staff. Sand Mountain Fire Lookout has a direct view of Big Lake and radio contact with our directors. In addition, the USFS is constantly monitoring fire danger in our area. When there is an imminent threat they update us daily on conditions. During fire season you can expect the following

1. Updates to be posted on our website, [www.biglake.org](http://www.biglake.org), with specific information, if available, downloadable from the document center.
2. Please do not phone for reports but check the website for the latest news.
3. If an evacuation is called: The Gladstone office, (503) 850-3583, will be notified immediately and communication will be coordinated from that location.
4. In the event of an evacuation: Depending on the location of the fire, campers will be bused to one of two transition sites, one on the west side of the mountains, one on the east side. At that location, food, communication and shelter will be available until pick-ups can be arranged or buses are available to transport campers back to their homes.

Transition sites:

### **West Side Livingstone Adventist Academy**

5771 Fruitland Road NE  
Salem, OR 97317

### **East Side Three Sisters Adventist School**

21155 Tumalo Road  
Redmond, OR 97701-8938

## Homesickness: *Can it be prevented?*

Out of nearly 1800 campers a season, Big Lake averages six campers per summer who do not stay the entire week due to homesickness. Through our many years of experience we've learned 5 things:

1. By watching for early signs of discomfort, homesickness is usually avoidable.
2. Once parents are out of sight, counselors and other campers come into focus and the fun starts.
3. Parents are usually more uneasy about leaving their children than the children are about leaving their parents. Many parents have found that they can prevent homesickness by encouraging their children to spend a night or two away from home before camp starts.
4. Calling home generally does not help ease feelings of homesickness. Our staff will assess the need to call home on a case-by-case basis.
5. There is helpful pre-camp curriculum entitled *The Secret Ingredients of Summer Camp Success: How to Have the Most Fun with the Least Homesickness* available at any online bookstore.

## Lost & Found: *Where do the items go?*

Lost and found items are returned to our Gladstone office. Due to limited storage space we will only be able to hold items two weeks after the camper's Big Lake session. Please call our Gladstone office at (503) 850-3583 within two weeks if you are missing an item. **Big Lake is not responsible for lost items!**

## Mail: *Where do I send it?*

Camper mail is delivered to and picked up from Big Lake daily. We HIGHLY recommend sending mail via UPS or USPS. Historically, FedEx has not delivered mail reliably to Big Lake. We also encourage you to NOT overnight packages. Due to our location, we sometimes don't receive packages shipped overnight in the time frame promised by UPS. Please note that, though Big Lake hasn't moved, we do have a new mailing address.

Camper's Name  
C/O Big Lake Youth Camp  
26435 Big Lake Rd  
Sisters, OR 97759

If your camper is in a RAD camp that happens away from Big Lake please write the name of the camp clearly on the package so that we can get it to them when they return to camp.

## Medical Information: *What should I know?*

### **Special Note About Emergency Ambulance or Helicopter Transport**

Because of Big Lake's remote location, 911 dispatch will typically send the fastest transport available. Sometimes that is a helicopter, even when the injury is not life threatening. This can cost a great deal. BLYC insurance (\$5,000 of coverage) will be maxed out on just the transport if that situation were to occur (the helicopter transport alone is in excess of \$10,000.00). Therefore, we suggest that you consult your personal insurance policy to see how much it will cover and consider one of the following options:

1. Purchase a family membership with \*Life Flight  
<http://www.lifeflight.org>  
\$60 for one year  
\$110 for two years  
\$250 for five years  
\$1000 for an Individual Lifetime Membership
2. Purchase a family membership with \*AirLink  
AirLink helicopter service is based out of St. Charles Medical Center. Air Link is the primary air ambulance transport for the Madras, Prineville, Redmond and Bend areas. They charge \$65 per year for a membership and their contact info is: (541)706-6305 or (800)353-0497

### ***BLYC's Health Management Practices:***

Big Lake Youth Camp is committed to safety and wellness. We place a high priority on this commitment. A solid medical team is in place each week to greet your campers and meet their health needs. We endeavor to learn from you a complete health history of your camper. We also screen each camper as they arrive at camp to be fully aware of any medical needs and issues. These are shared with the appropriate staff such as the counselors as well as the entire medical team. While we are not a special needs camp per se, we are willing on an individual basis to discuss your specific concerns and help your camper have a successful week. The medical team will communicate with parents during the week as needed. We appreciate your trust in the medical team and we here at Big Lake will serve you to the best of our ability.

### ***Medical Coverage:***

Big Lake has purchased a primary policy for each camper that covers any injury requiring medical attention during a camp session up to \$5,000. We also have a \$25,000 coverage in place that will pay the excess of parents' own healthcare coverage or any other insurance. If a camper is treated away from camp, the treating facility will be given billing information and a claim form will be processed. Before leaving camp, your child should have a copy of this claim form and it will then be your responsibility to contact the insurance provider if you have any questions. Any and all bills received for treatment should be sent directly to the insurance provider.

### ***Medical Staff:***

The camp has a full time Oregon-licensed RN on site who is available 24 hours a day, 7 days a week for all medical needs. We also have a physician present at camp. Our nurse cares for the distribution of needed medications at each meal. It is very important that your camper's health history form is filled out and handed in at the time of check-in at camp or at one of our bus stops. This is to ensure that our trained medical staff are able to administer any needed medicine or care to your camper throughout the week.

### ***Parent Notification if Medical Issues Arise:***

Parents will be notified at the discretion of the medical team. What guides us as we determine when to call is the nature and severity of the illness/injury and our involvement in resolving it. We desire to keep parents aware of our concerns early on so that they will be able to understand our intervention and plan the follow-up accordingly. Minor issues will be cared for without notifying parents. If a concern is lingering at the conclusion of camp a letter will be sent home with the camper including a full disclosure of our intervention and, if applicable, what we feel will be needed in follow-up. If the need arises for transport to a higher level of care, a call will be placed to the parents to notify them accordingly.

## ***Packing List: What should my camper bring?***

- Bath towel & washcloth
- Beach towel
- Bible
- Camera (Not on phone)
- Closed toed shoes & socks (*required*)
- Comb & brush
- Everyday clothes (*including something with long sleeves*)
- Flashlight
- Flip flops for the shower
- Insect repellent
- Laundry bag
- Long pants/jeans (*required*)
- Modest swimsuit (*no bikinis for girls, no speedos for boys*)
- Pajamas
- Pillow
- Sleeping bag
- Soap, shampoo & conditioner
- Store money (*suggest \$25-\$80*)
- Sunscreen
- Sweater/Jacket (*evening temps can get down in the 40s*)
- Toothbrush & toothpaste
- Underwear
- Water bottle

### ***What NOT to Pack:***

- Cell phones, mp3 players, electronic games or other electronic devices. We like our campers to focus on building relationships with new friends rather than isolating themselves with music, games, or cell phone conversations.
- Jewelry and any other valuable items: due to safety and security issues, we request that jewelry be left at home.
- Fireworks, matches, lighters: flames of all kinds are banned during the summer months.
- Drugs, cigarettes, alcohol
- Knives, utility tools, or weapons of any kind.
- Pets

## ***Personal Property: Where to keep it?***

Any personal effects that are brought to camp need to be in good working condition, will be kept with camper in the cabin, and will be the responsibility of the camper. Big Lake Youth Camp will not be held liable for loss or damage. Personal equipment and sports equipment (i.e. bikes, helmets, wakeboards, PFDs, etc.) may only be used with the permission of the camper's counselor and otherwise should remain stored in the cabin.

## ***Photos & Email: Can I see what my camper is doing?***

We are happy to provide you the opportunity to check up on what is happening at camp while your camper is at Big Lake. By logging in to the online account under which your camper is registered, you will be able to see a variety of pictures throughout the week.

## Photos & Email: *continued*

Please remember—due to our mountain location our satellite internet is unreliable and slow. Please do not expect any photos to be uploaded until at least Monday evening. We will do our best to get photos up quickly but technology may slow down our intended schedule. We aim to update photos 2 to 3 times each week. In order for your friends and extended family to view photos you must add them to your “friend accounts.” You will also find online an option to purchase high-resolution photos.

One-way emails are available for purchase in blocks of 5 for \$5. You can send emails through the “E-mail a Camper” link Monday through Thursday each week. Please understand that printing and distributing email is a labor intensive activity for our staff. We ask that you send no more than one email per day. While emails are nice, campers are generally more excited about receiving “snail mail!”

## Refund Policy: *What if my camper can't go?*

Refunds, less a \$75 processing fee, will be given until midnight 14 days prior to camp. If cancellation request is made within 14 days prior to camp a 50% refund will be issued on all camp and rental fees.

## Search & Seizure: *What will happen?*

Should camp administration suspect illegal drugs or other items listed on our “What NOT to Pack” list, camp reserves the right to search the campers’ belongings and seize prohibited belongings. At the end of the week, if there are any items that were taken and are legal, they will be given back to the camper prior to leaving camp.

## Vegetarian Meals: *What will my camper eat?*

Your camper will enjoy three healthy meals each day during his/her stay at Big Lake. Meals served are vegetarian, camper-friendly, but do include eggs, cheese and dairy products. Nutritional balance is always considered. We can accommodate for those who have allergies or dietary restrictions. Please note any special requests during the registration process and on the health history form so our food service team can appropriately prepare.

### Sample Menu

#### Breakfast

French Toast  
Canned Peaches  
Breakfast Potatoes  
Boiled Eggs  
Oatmeal  
Cold Cereal  
Milk  
Orange Juice

#### Lunch

Spaghetti  
Marinara Sauce  
Garlic Bread  
Steamed Broccoli  
Salad Bar  
Brownie

#### Dinner

Bean & Cheese Burritos  
Sour Cream & Salsa  
Black Beans  
Rice  
Corn Chips  
Grapes

## Visiting Camp: *When can I visit?*

We appreciate your interest in Big Lake. We invite you to visit on opening and closing days of camp. Should you desire to take a camper from camp early please make arrangements with our camp office. On Saturdays, feel free to join us for a spectacular presentation of a Bible themed drama. A Saturday schedule is available online at [www.biglake.org/daily-schedule](http://www.biglake.org/daily-schedule).

## Weather at Big Lake: *How should they prepare?*

Summer days are generally warm (70's) and nights are delightfully cool (40's). Trees provide shade for our camp, nestled on the eastern shore of Big Lake. Central Oregon is noted for its outstanding camping and recreational opportunities. Occasionally we may have rain or thunderstorms and it is wise to pack a jacket for such weather.

## Mosquitoes: *Can bites be prevented?*

In the early summer, mosquitoes are a reality at Big Lake. While the snow is melting and the seasonal wetlands still exist, mosquitoes are present. The mosquito season is typically short. The mosquitoes are not bad in the daytime activity areas but can be a nuisance in the evenings.

### With mosquitoes in mind Big Lake has taken these steps:

1. To request that all campers wear long sleeves, long pants, and closed toed shoes to the evening campfire program during mosquito season.
2. To have counselors apply repellent to the face and hands of all campers before campfire.

### **Fun Tradition:**

*T-shirt Thursdays are a special day at camp when “Mr. Freezie comes down” from Mt. Washington to give everyone wearing a Big Lake t-shirt a free popsicle!*



## Ways You Can Help

Big Lake Youth Camp has been making summers epic since 1962. The ministry of Big Lake continues to inspire thousands of campers, staff, families and friends each year. Here are ways you can help continue Big Lake's legacy:

- **Abba's Child Donations:** Help fund Big Lake's Abba's Child program, a one-week overnight camp featuring support-based counseling for kids who have had an immediate family member pass away.
- **Campership Fund Donations:** Because kids come first at Big Lake, we believe that no child should be turned away because of finances. Our Brandon Moor Memorial Endowment Campership Fund, made possible through the generosity of friends of Big Lake, is available to any family seeking financial assistance. For those seeking Campership Fund assistance, call to apply early as funds are limited. Donations to this fund are greatly appreciated all year long. Thank you for investing in young people.
- **Unrestricted General Donations:** Funds donated here will be used to fund Big Lake's "wish list" which currently includes the barn rebuild, a new sound system for campfire bowl and other updated equipment.
- **Other Items:** Due to the high volume of summer campers and fall and winter rental groups, Big Lake's equipment receives a lot of wear and tear. We would love a new camp truck, a sailboat, canoes, kayaks, snowmobiles and a snowcat.

You may make donations online at [www.biglake.org/donate-to-camp](http://www.biglake.org/donate-to-camp) or you can mail donation checks payable to Big Lake Youth Camp to our business office in Gladstone.

**Big Lake Youth Camp**  
**19800 Oatfield Rd.**  
**Gladstone, OR 97027**



Thank you for helping make Big Lake Youth Camp  
a great place to be!

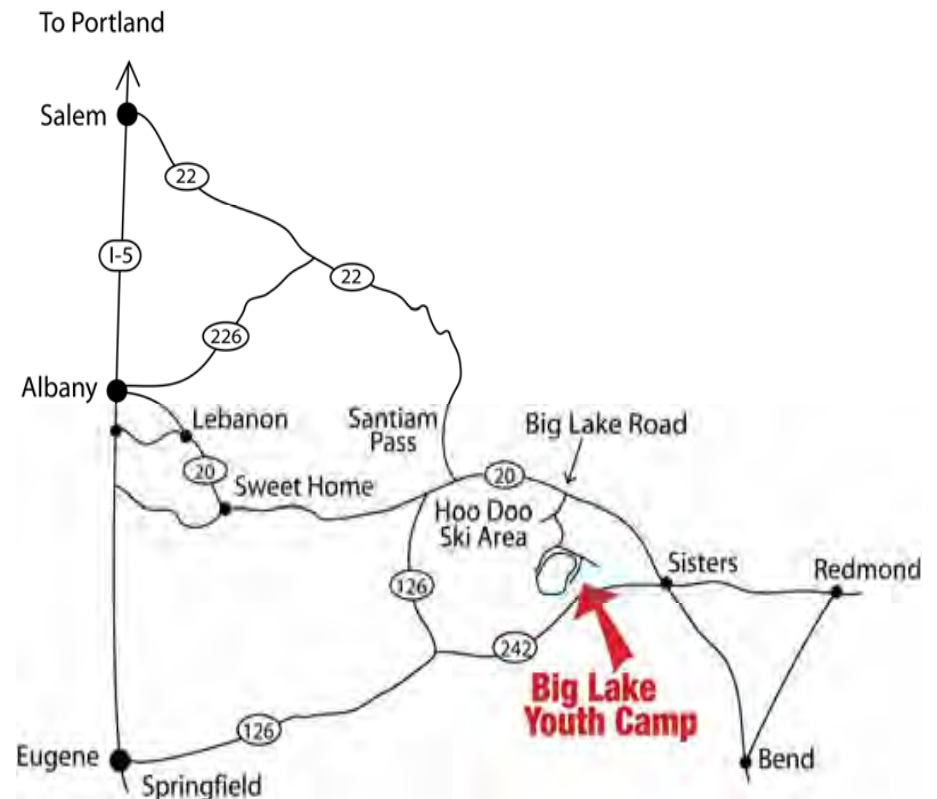
## Directions to Camp

To reach Big Lake Youth Camp, turn off of Highway 20 at the Big Lake/Hoodoo Ski Area sign and follow the road signs to the camp located on the eastern shore of Big Lake, about 4 miles from Highway 20.

Big Lake Youth Camp is approximately a 2.5-3 hour drive from the Portland, OR area. Many parents go on to the nearby town of Sisters after dropping off or picking up campers. Optional bus service is provided from Gladstone, Roseburg, Salem and Springfield, but arrangements must be made ahead of time.

**Note:** If you plan on using a GPS, smart phone, or an online mapping site such as Google Maps, you may want to make your final destination "Hoodoo Ski Area in Sisters, Oregon" and once you arrive at this destination continue to follow signs to Big Lake Youth Camp. If you put "Big Lake Youth Camp" as your final destination you may not arrive at the correct location!

**Check-In and Pick-Up times listed on page 5**  
**Please plan your trip accordingly!**



## Contact Information

**Business Address:**

Big Lake Youth Camp  
19800 Oatfield Road  
Gladstone, OR 97027-2546

**Business Phone:**

(503)850-3583  
(503)850-3483 (FAX)

**Business Hours**

Mon -Thurs: 8:00 AM—5:15 PM  
Fri: 8:00 AM—12:00 PM

**Camp Address:**

Big Lake Youth Camp  
26435 Big Lake Rd  
Sisters, OR 97759

**Camp Phone:**

(503)850-3562  
(503)805-CAMP (2267)

**Camp Emergency Phone**

(503)805-0005

**Camp Email**

office@biglake.org

[www.biglake.org](http://www.biglake.org)

We can't wait to see you this summer at  
Big Lake Youth Camp!

