OUTDOOR SCHOOL CLOTHING LIST FOR COUNSELORS

In selecting clothing for Outdoor School, rely on sturdy, casual clothes you already have on hand. If you need clothes, borrow some or buy from thrift & military supply shops. The main concern is warmth and dryness—not appearance. Waterproof footwear (boots) and raingear are a must. The following is a suggested list for counselors. If there are additional items you would like to include, please do so. You can bring candy, snacks and cell phones, but they will be turned in to staff and available to use only during your free times.

BEDDING:

Sleeping bag or 3-blanket bedroll

Pillow and case Extra blanket

CLOTHING:

Shirts

Jeans or heavy trousers (3-4 pair)

Warm jacket

Sweater or Sweatshirt

Socks

Underwear

Long Johns/Thermal Underwear

Gloves

Warm Hat / Stocking Cap

Shoes

WATERPROOF BOOTS

WATERPROOF RAINCOAT

WATERPROOF RAINPANTS

WATERPROOF HEAD COVERING

TOILETRIES:

Bath towel

Hand towel

Wash cloth

Soap and container

Shampoo

Comb/brush

Toothbrush & toothpaste

Lip balm

Razor

Deodorant

GENERAL EQUIPMENT &

USEFUL ITEMS:

Flashlight Counselor Handbook

Wristwatch Storybooks

Daypack Acoustic Instruments

Water Bottle

Letter writing materials & stamps

Cabin decorating materials – paper, markers, crayons, tape, appropriate posters, beads

- Try to bring some <u>non-cotton</u> (synthetic) clothing that stay warm even when wet.
- Shorts and sandals may be worn at bedtime and shower time only, and at other times if deemed okay by the Site Supervisor due to weather or other conditions.
- **<u>Do not bring:</u>** Radios, Alarm Clocks, Walkmans, iPods, Video Games; Halter tops, tube tops, tank tops; Capri pants, sagging pants; clothing with inappropriate words, logos & pictures; cosmetics, hair styling products, perfume, cologne, body spray; pocket knives.

PLEASE BE SURE ALL ITEMS ARE MARKED WITH YOUR NAME AND SCHOOL.

USEFUL EQUIPMENT FOR FEBRUARY COUNSELORS

All gear wrapped in a Plastic Bag, Small Daypack, Water Bottle with tight fitting top, Flashlight