



ABBA'S CHILD

GRIEF CAMPS

Experiences that boost hope in
the lives of grieving children



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WHY

Grieving children are more likely to act out and struggle in school. A life that seemed predictable and secure suddenly becomes frayed and frightening. It can be devastating. Abba's Child provides supportive experiences along with tools and resources to help kids navigate their frightening new reality.

PROGRAM

Abba's Child strives to provide an environment where kids can explore their grief, freely talk about the confusing emotions they are experiencing, and have a whole lot of fun. A portion of the day is spent in typical camp activities where they learn about leadership, confidence, and cooperation. Another portion of the day is spent in specific grief support activities where campers have the opportunity to share memories of the one who died, while developing skills that will help them after camp. A full day of fun and rewarding activity takes place in the beautiful outdoors, surrounded by accepting peers, supportive counselors and fresh air.



AIMS

- Walk Alongside**
No one should have to grieve alone. Abba's Child seeks to break the isolation often experienced with peers at home.
- Cherish Memories**
Memories become the treasure that remains after a loved one dies. Celebrations of cherished memories encourage healing.
- Energize Hope**
Hope is energized when grieving families interact with others who are successfully navigating the journey of sadness and loss.
- Remember to Live**
Camp allows kids to laugh, cry, play, create, remember the person who died, and acknowledge the feelings that weigh them down. It is all part of living.
- Encourage New Life**
Over time we release the pain of loss, but never the power of legacy. Our lives pay tribute to the loved ones we have lost.

STAFF

Trained camp staff are in charge of the daily activities and the direct supervision of children 24 hours a day. A curriculum on grieving is implemented by a trained grief professional who has experience helping children navigate their grief.

HOW YOU CAN HELP

You can help grieving kids begin to rebuild their broken lives.

To make a donation, go to abbaschild.org or make out a check to Abba's Child Grief Camps and mail it to:

Abba's Child Grief Camps
7034 Fireside Way
Castle Rock, CO 80108

Abba's Child Grief Support Inc. is a 501(c)3 organization.

Tax ID: 83-3329312.
All donations are tax-deductible.

Experiencing the death of an immediate family member is traumatic and life changing for anyone, but for a child, it can change their perception of the world and future.

We are here to help.

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OUR CAMPS

- Eligibility**
All children, ages 9-16 who have lost a sibling or parent to death in the recent past.
- Activities**
Camp activities will vary depending on location, but you can expect activities such as archery, canoeing, horsemanship, mountain biking, sailing, sports, swimming/blob, and wakeboarding, to be part of the program.
- Location**
Abba's Child partners with a variety of ACA accredited camps to create these experiences for grieving children. Go to www.abbaschild.org for a complete list of dates and partners.
- Healthcare**
All campers have access to onsite professional care. Physicians, nurses, and other personnel from area health providers donate their time to ensure that medical care is accessible 24 hours a day.
- Calendar**
Abba's Child Camps will be held at the following host camps:
Big Lake Youth Camp - Sisters, OR
Camp MiVoden - Hayden, ID
Glacier View Ranch - Ward, CO
Leoni Meadows Camp - Grizzly Flats, CA
Sunset Lake Camp - Wilkeson, WA

Details can be found at:
www.abbaschild.org

